



BOWEL MANAGEMENT & NUTRITION

Digestive and bowel health is an important public issue in Australia. This one day course provides participants with information and tools to help them help others maintain good nutrition and promote bowel health.

 On-site

 6-20 people

 1 Day

 \$190pp

TOPICS TO BE COVERED:

- What does Bowel Management Involve?
- Common Bowel Disorders
- Bowel Management Programs
- Maintaining a Healthy Bowel
- Diet & Nutrition
- Fibre & Fluids
- Medications & the Bowel
- Suppositories & Enemas
- Professional Advice
- Hygiene
- Basic Food Preparation
- Menu Planning

CALL US TODAY
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GET IN TOUCH

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